

# Episode 3 - Kate Sonnenberg

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college, students, summer, college students, opportunity, kate, high school, internship, people, podcast, scoops, kids, high school students, campus, online, admissions officer, rising seniors, skill, pre college programs, pursue

## SPEAKERS

Moira McCullough, Kate Sonnenberg



Moira McCullough 00:00

Welcome to the College Scoops podcast Episode 3. I'm your host, Moira McCullough and today we're talking to Kate Sonnenberg who will share her guidance and tips for how students can make the best use of their time this summer.



Kate Sonnenberg 00:14

Mostly what colleges are going to want to see is that you took a situation and you were flexible. You were creative. You did something with it, and I think they care a lot less about what you did, but that you did something.



Moira McCullough 00:38

This is the College Scoops podcast and I'm your host Moira McCullough, we focus on everything college related from the admissions process to where to eat, stay and explore on and run campuses. Our guests include founders, educators, authors and experts in the college space. Join us as these experts share their knowledge, experiences and lessons learned to help you have stress Free, informative and tasty college journeys. Whether it's your first or last child going to college, or you're just interested in going to a college town for a game or male, we've got you covered. If you haven't already, please subscribe to the

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**K** Kate Sonnenberg 02:47  
It's great to be here.

**M** Moira McCullough 02:49

On a personal note, Kate and I met several years ago, Kate's youngest and my oldest were in high school together and I think they swim on the swim team at various points throughout their lives. School in high school career. So it's really nice to see your friendly face again and to reconnect after so many years of sending our kids off to college. It's great to be with you. Can you just give us a little information about yourself and who you are?

**K** Kate Sonnenberg 03:15

Yes, so I am a college admissions counselor, but I am also the mom of two, one college graduate. I graduated from Amherst College last year and is currently living in my house but should be living in his apartment in New York City, and a rising college senior who

goes to Wesleyan University and who was Mark's classmate, I'm also the mother of two German Shepherd puppies who are in desperate need of better training. And when I could, I loved going to the movies and I loved going to Broadway shows.

M

Moira McCullough 03:47

So hopefully, that's one of the jobs that kids can do during the summers help with their pets and getting them trained. Maybe on one of the tests that we're going to put on the bucket for the summer for kids.

K

Kate Sonnenberg 04:01

I know that would be a great thing in my house. Let me tell you.

M

Moira McCullough 04:06

We are here today to talk about how students can make the best use of their time this summer. Kate, in your business and in our business in terms of working with high school students and college students, I think there's some unease and uncertainty about this summer. In the past, they've had summer jobs lined up. They've had learning opportunities at pre college programs. I know my kids have always been involved in sports. They have been on tournament teams traveling. There has been volunteer trips and coursework that people and students can take to further their skills during the summer. But with COVID-19, our world has changed. So in talking with a lot of our interns and student ambassadors, they're kind of uneasy. What can we do this summer, both from a high school and college perspective? We'll start off first with high school and then we can delve into some ideas for college students.

K

Kate Sonnenberg 04:56

I think in many ways, that's an easier problem. To solve for high school students, if your high school student was going to take a summer course, on a college campus, the vast majority of them have been moved online. And while it is a different experience, from the point of view of applying to college, and what those courses mean to an admissions officer reading an application, an online course is going to be as meaningful and valuable as an on campus class would have been. Obviously, it's a different experience for the student. They're not getting the opportunity to live in a dorm, eat in the cafeteria. But in terms of the admissions application, being in one of those pre college programs online can still be valuable, because presumably you'll do well in the course you'll get a good grade,

you'll have a narrative recommendation from the professor or graduate student teaching the course. And what that will say to the admissions office is this kid Do the work at a college and can do college level work. And that's how an admissions officer is really evaluating those kinds of programs. But there were a lot of opportunities for high school kids to do volunteer work. There is a difference adopt a grandparent out of the UK that will match kids with older people who cannot go outside. And that's a great thing for a high school kid to do. Mostly what colleges are going to want to see is that you took a situation and you were flexible. You were creative. You did something with it. And I think they care a lot less about what you did, but that you did something. And it could mean mowing lawns in the neighborhood because that's an outside activity where you can keep social distancing, it can mean planting tulips or flowers. All over the neighborhoods, there's a lot of things that high school kids can do to show that they're engaged, that they're flexible, that they're resilient.

M

Moira McCullough 07:09

Great to hear. So on one front, the academic side, these colleges are moving some of their programs to online. And I just read recently, in fact, it was about my alma mater, Fairfield University. I think last year, they started online courses, and they had about 600 students, and maybe 20 courses, and they've ramped that up. So it's good to hear that colleges are moving those courses online,

K

Kate Sonnenberg 07:32

You have to check because some of them have been canceled altogether. But the vast majority of them have moved online.

M

Moira McCullough 07:40

But then you pointed out something else. I think that high school students (as I have a junior in high school so I'm in the thick of it now) when you talk about the lost opportunity, I've continuously tried to turn it around and say this is actually a positive opportunity to delve deep into something other than the stresses of kind of the country. The normal college application process with the academic courses - find something that you love, and to your point, we all I worked and mowed lawns when I was growing up. So maybe go back to some of the basics.

K

Kate Sonnenberg 08:13

Absolutely. And I think also, if you are creative, for example, I know a student who was supposed to go to Paris to do a cooking course, and obviously, she's not going to Paris. And you could probably relate to this because you yourself are a great baker which I am not, but she is going to create recipes, and take videos of herself and produce a cookbook. And that's a fantastic thing to do. And I think that a college is going to be just as impressed that she's going to pursue this culinary interest, the only way she can and maybe even more impressed than just having gone to Paris in what is sometimes seen as pay to play activities. So I think that there's it doesn't have to be volunteering, if that's not your thing, it doesn't have to be working. If that's not your thing, it doesn't have to be classes. If that's not your thing. It just has to be something as you say, that is your thing. Pursue your interest, pursue your passion, develop some kind of skill. Use your time in a way that shows resilience.

M

Moira McCullough 09:19

That is a great point. When you talk about opportunities that was a great example - if you love cooking, how do you transform that while in your house to make it so that it's something that you enjoy? You're going outside of your comfort zone, maybe because you're learning a new skill set and putting it in a framework for online whether it's a Facebook group, or whether you're doing different demonstrations and gathering content for others to view. Again, it takes a little bit of creativity and sitting down and saying, okay, not that I'm bored, but what can I do that will fulfill me from not just necessarily an academic or intellectual standpoint, but more of just a pursuit for an interest that you may have.

K

Kate Sonnenberg 10:07

Absolutely, absolutely great. I think pursuing a true interest and a true passion is going to be a much more valuable thing in doing something just because you think it looks good. Now listen, if your passion is learning, I don't know - you love electrical engineering and you want to take some kind of electrical engineering course, in the brown precollege program, that's fine as long as it's an authentic, true thing. And I think that sometimes gets lost for high school kids because they think that it has to be a very narrow definition of what college want. It has to be you it has to give your life more sense of value.

M

Moira McCullough 10:49

Well, in some ways, this has been the opportunity that we've kind of all tried to encourage our students to take advantage of - get off the treadmill and don't do what looks good on

paper or an application, but do something that you really love. And they've been given this opportunity and it is kind of hard then to take it and run with it. But there's been enough time where they've kind of had to, or they will just sit watching Netflix. So I read something else, too, that somebody was offering zoom babysitting, which is another option or online tutoring. So how can you continue to do that? And do it in a virtual manner?

K

Kate Sonnenberg 11:28

Absolutely. That's a great thing for high school kids to do. I also recommend to a student I'm working with that she could learn how to iron shirts so that when her mom and dad are on their sleeve conference calls, at least half a nice crisp shirt. She did not like that idea. I thought you know, there's a lot of things that you can do and you could write a very clever essay about how you did not want to learn how to iron shirts, but it was something that was needed in your house, because I guess the family didn't want to use the laundromat or the dry cleaning was closed or whatever it was. And she did not like that suggestion. But I actually think that's a good way to help out in your family. And there's all kinds of things that you can do that you didn't think you were going to have to do that are helpful to your family to your community, that matter. And and that when you look back on this experience, because we're never going to forget it, if you will. Not at all. You will remember the summer that you learned how to iron a shirt and maybe that's not a skill you thought you ever needed, but you never know. And at least you're helping your your house. There's just no excuse for somebody to say I couldn't do something because I was stuck at home.

M

Moira McCullough 12:43

And you know what, in your former profession as a admissions reader I think this might be a year where it will be really exciting as an admissions reader to read some of these enlightening different experience that students have had which is different from what they normally would read. These are going to be really kind of home grown authentic stories. They will probably relate to and laugh and say, Boy, I wish I had thought about encouraging my student to do that.

K

Kate Sonnenberg 13:13

I think that admissions officers are going to get a lot of good training on how to read the personal statements that are going to come from, you know, rising seniors and also, probably from sophomores becoming becoming juniors. I think you do need to be careful.

I know that's not the topic of this podcast, but you do need to be careful in your personal statement to not right or to be very careful if you do write on COVID I would never say you can't, but there will be are so we've been told a place in the common app to explain an essay question to explain what changes happen in terms of your maybe your your school, how it was grading you your summer activities. So if you do right on what you did this summer, it really should be April. flexion not so much about COVID, but maybe about how, using the example of the young woman and ironing the shirts, how she thought that I was sexist and that I was demeaning. And you can take it and reflect on it, but not make it about COVID. Good point.

M

Moira McCullough 14:17

So in terms of the high school students, you brought up a couple great ideas, some academic opportunities to learn online, to take a hobby and pursue and create an opportunity to either self publish a book or publish a recipe. We also talked about some volunteer opportunities. And that was a great point you mentioned about going out in your neighborhood and helping your community- going back to the basics, doing some chores around the house. So those were some tips you could do this summer that would be reflected in a way that is meaningful, helpful and learning from my college application process. Any other ideas in terms of college students? I know a lot of college college students, some of our interns, we have a couple interns working for college scoops, and we work with all these student ambassadors. And many of them have had their internship canceled. So what are some thoughts that you've heard that might be helpful to those students?

K

Kate Sonnenberg 15:17

So the college student poses a more difficult situation because while it is very, very important to a high school student to get into college, there are lots of great colleges and colleges are going to be very flexible in understanding that we are all going through something extraordinary jobs, not so much. So if you are a first year finishing your first year of college, in normal times, many first year college students do not get jobs or internships because they are hard to come by even at that age. So I know that a lot of college students will take courses in the summer to fulfill a general education requirement to to get Extra Credit. And particularly if you're going to a out of state or private college and you can take one of those classes in state, you can save some money. So I would recommend for first year students who do not have an internship, or who had an internship polled to consider doing an online class through their state university. But I do want to caution you that you need to check with your college about whether or not that class will count for credit. You always had to do that. If you wanted to take, for example,

my son took a class at wreckers that fulfilled a math requirement but it had to be approved by the math department and the statistics department at Amherst said it was going to count for one of the prerequisites. So you always have to do that. But you have to be especially careful now because I have heard of colleges that have said we've never seen an online class that has counted for credit. Now, they may need to be more flexible and allow students who took their classes online in the spring. So they may be changing their perspective. But you do need to check with your college. Even if the class doesn't count, if you happen to go to a college, a university that's taking a very rigid, hardline approach to counting that you can still take a class that will help you develop a skill and whether or not it goes toward your college credit. It still is a valuable thing on your resume, no job, no employer, nobody who's thinking about hiring you for next summer is going to know or care if it counted for credit for college, they're going to know and care that you took a class. And so this would be a great opportunity, for example for a liberal arts student to take a programming class because it's not for college. If it turns out that it can't be for college credit, your grade doesn't matter, and you're developing the skill. So that that is one thing. And I realized that current college sophomores may not want to do that. But if it is there, you know, if they don't have an internship then that is one thing to consider. There is also a really innovative company called Parker Dewey. That does, I guess you could call them micro internships. And they they're sort of short term project based internships. So they might last a week, they might last 10 days. They match college students to employers. And the nice thing about that is that you get to see a wide variety of companies, you might be able to do two or three if there are five day internships. You get to see a variety of different roles. within a company. You can learn I mean, things that you might not think you're interested in, like let's say, human resources or communication may not be fields that you think you want to go into. But if you do a five day internship, what do you have to lose?

M

Moira McCullough 19:05

That would be ideal if you're stuck in freshman and sophomore year trying to decide between majors, that sounds like an unbelievable opportunity and short term experience to help make the decision whether you would pursue that particular line of studies. And again, you're getting the skill.

K

Kate Sonnenberg 19:24

It's Parker Dewey

M

Moira McCullough 19:25

We will include that afterwards. Great. Thank you.

K

Kate Sonnenberg 19:28

Okay. I think it's a great, a great thing. There's also, frankly, the opportunity to volunteer. And, you know, that is not I understand ideal for a high school kid with community service hours, that has a different cachet to it than it does for a college student, but you know, what college kids can volunteer to, and they can do some good things. I think, GenerationServed.org and VolunteerMatch.org are places where college kids could go to look, I think the Adopt A Grandparent is probably better for a high school kid than you know, I think a 15 year old kid talking to an older person might be a little bit more engaging than a 20 year old. From the grandparent perspective I'm talking about - It depends on the kids. And if you are interested in working in with older adults in medicine or something, maybe that is also a good choice, but I particularly like the Generation Serve in the VolunteerMatch.org for the the college kid.

M

Moira McCullough 20:39

Have you heard about Anchor, it is the easiest way to make a podcast and it's free. You can use their own creation tools to record and edit your podcast right from your phone. Anchor will distribute your podcast for you. It can be heard on Spotify, Apple podcast, iTunes and many more. You can make money from your podcast with no minimum listenership. If it sounds easy it is because it is. Here's how you do it, Download the free Anchor app, or go to Anchor.fm to get started.

K

Kate Sonnenberg 21:14

Another fantastic opportunity for both high school and college kids, but I think more for college kids for the summer, is to get involved in the elections. And that is work that can be done from home, whether it's phone banking, whether it's raising money, whether it's voter registration, so whatever your preferences are, there are going to be state, local, and national elections. Obviously every member of Congress is up for reelection. There's the presidential election. And then there are all of the organizations that support the presidential election efforts. Nonprofits and so forth, that would probably be a place that would be very happy to have college volunteers. And the other thing that a college student can do, and this is particularly true for the current juniors, so the rising seniors if they are planning on writing, or if they were not planning but now want to plan on writing an honors thesis, they can do their research now. So my own daughter, as an example,

was going to spend a portion of the summer doing research for her thesis. Now she's going to spend a larger portion of the summer doing the research for her thesis, but she's applied for some funding because she now that she can't go to library she's going to need to purchase some books, she may need to print from the computer because you can't just read everything online. Hour after hour, your price will go and your brain will go. So she's applied for a small grant but it's still if she gets it a grant and she hopes to go in there. To the fall semester with three fifths of her chapters written. And so if you don't want to, if you're not going to write a thesis, that's fine, but you should still reach out to professors about research opportunities. I think professors are going to try very hard to be able to accommodate as many students as they can, because that is a very productive way to spend your summer after your junior year and a way that kids typically spend their summer after their junior year as well.

M

Moira McCullough 23:30

Great advice in terms of kind of front loading it taking what you would normally have pursued in the fall. And this actually applies to high school too, as the rising seniors could actually work on their essays and application sooner now during the summer, so that they don't go into the fall semester, and they can get rid of some of this other work when they have time for it. Great tip.

K

Kate Sonnenberg 23:55

I'll tell you something else. People with the college applications, they're always focusing on "The Essay" and obviously, the personal statement is the critical part of the essay where you can present yourself. But the activities list often gets left to the last minute often gets done in a rushed way. And there is no reason for that. So I would recommend that all aspects of the application get, including the activities list get done as soon as possible. There'll be about a day, I think, on July 31, the common app goes dead. And then on August 1, it reopens and it goes live, but none of your content is lost. So there is no reason not to do that the day after high school.

M

Moira McCullough 24:37

So both from a high school and a college perspective, you can actually get a lot done that you would have had to address in the fall that will get you that much more ahead of the game. So that's great from the college perspective, too.

K

Kate Sonnenberg 24:52

Absolutely. And also from the college perspective, you know, the idea of honing your skills. It's less developing a skill because I think by the time you're in college, you presumably develop some skills, but really honing them. So that's why I don't think it matters. If your college won't let you take a class for credit, you're still honing the skill. If you're doing a one five day internship, remote internship, virtual internship and you're learning how to do a press release, you've learned a skill, it doesn't matter.

M

Moira McCullough 25:25

I think you could take that same thought to almost any research opportunities to because in terms of if you were planning on a research opportunity for the summer, now you have to make it virtual. Well, you could take that same framework to either reconnect and see if there are research opportunities available to do online and or create the opportunity to research something else online that could apply to your particular area of expertise and study.

K

Kate Sonnenberg 25:56

I think it's hard if you're in the lab sciences, but you can do the entire literature review. And you can write all up the whole literature review, which is an important component of even a science thesis for college students. So there's just again, you can use your time productively.

M

Moira McCullough 26:13

Right. And I think one other aspect that I've been talking with our student ambassadors and our interns, there are a lot of companies out there, small companies, startup companies, like College Scoops and KS College Success that have an incredible array of learning opportunities. So maybe take whatever your interests are, reach out to some of these small companies to see if there's an opportunity to volunteer, whether it's from a content strategist perspective, a digital marketing perspective, or research opportunity that you can delve into. I think there are companies out there that could use the help. I know that I've worked with many students on Handshake. I've seen many emails from colleges saying, Hey, we're online, if you're an employer, post your opportunities, and if you're a student, there's a lot here.

K

Kate Sonnenberg 27:10

And in fact, I was actually just on a webinar with the Vice President of Handshake, who was talking about the fact that there are about 500 companies that are still posting. And another great recommendation that she made is to use your alumni network at your college, yes, to reach out. And even if all you're doing is networking, you can't really reach out necessarily and expect to get a job, but you can reach out and get information about an industry and that can be valuable for when you go into an interview that you have done your research and again, that's a skill. So you know, you could spend three weeks this summer going through your depending on how big your college is, you know, Amherst College is probably going to take a little less time than Ohio State as Ohio State graduates in one year are almost the entire living alumni population at Amherst College. But nonetheless, you go through your alumni network and you find everybody in an industry that you're interested in, and you reach out to them and say, I just want to learn more about your field.

M

Moira McCullough 28:20

And that's valuable. I have two thoughts on that. I just heard the talk with the Colby president who basically said that they are guaranteeing their graduating class jobs within the next several months. Every single person that is graduating from Colby in 2020. They have reached out to their alumni network, they're reaching out and saying, we will get every single student a job. So to your point, I did that when I was graduating from college. I actually got my job through one of the many letters that I wrote to alumni asking them first, what they did, and establishing, as you said, that relationship first. Not interviewing, but learning how to write a cover letter, connect with a alumni, ask questions, talk on the phone, get some information in establishing that relationship so that you could go back if you'd like, or just developing that skill set. For the time when you do have that official interview. And those skills are honed, you've learned how to do it, you write the cover letter, which is huge. I think that's kind of something that people don't think about as much until the time is present. So it's really an important skill to practice. Get that cover letter, get those interviewing skills honed and work on that so that come the fall, come the spring when that job opportunity fair, whatever is that at school, you're prepped and ready to go.

K

Kate Sonnenberg 29:52

And another thing that the handshake Vice President mentioned and I think this is good advice is every college student should start there at the LinkedIn page, and great advice. I have not particularly thought about that. I told that to my daughter, I'm sure she hasn't done it. But I did check my sons who now he's working in consulting. But it's very impressive what you can put on your LinkedIn page when you're just a young kid or young

adult. And so I thought that was also good advice.

**M** Moira McCullough 30:20

Excellent advice, so that we have a host of opportunities for both the high school student and the college to get busy with more impactful insightful opportunities this summer, if they just kind of set a framework for that.

**K** Kate Sonnenberg 30:39

100%.

**M** Moira McCullough 30:41

Okay, I'd like to ask What do you wish you knew before you attended college or law school? Is there anything in particular that in reflection, you think, I wish I had known this or I wish I had approached college or grad school a little differently?

**K** Kate Sonnenberg 30:57

Well, I wish I had known how important your classmates are. And I think so often, we choose a college, probably more college and graduate school program. But we choose a college because of its reputation, or its programs, or its location. And those are all things that are valuable to consider. But you really have to think about who you're going to meet, when you're there, who you're going to sit with, at dinner, and who you're going to stay in contact with down the road. Because you're not going to remember every class you took, and you're not even going to remember every professor you had, and you're certainly not going to remember some of the things that kids think are important, like whether there is a nice gym. I mean, that's a nice thing to have, but I would never recommend that you don't go to a school that you feel connected to because the facilities aren't as great as someplace else. Because at the end of the day, when you've finished college, if you really care about a nice gym, you can join a beautiful fancy gym. But your friends, those are people, you can't, you can't undo that. And you can never recreate that. And so, every Saturday at five o'clock, the woman who was the maid of honor in my wedding and my roommate when I was a senior and I went to Princeton, and we live in residential colleges, so we were in the same residential college for our first two years, but we weren't actually roommates. But we and an extended group, actually people who I did run with in my sophomore year, I have a zoom conference and people are in Miami and people are in Jacksonville, Florida, and people are in New Jersey and Princeton, New

Jersey as well. Somebody didn't stray very far from Boston and we're doing all different kinds of things. There are some lawyers, there are some doctors, there are some entrepreneurs. And I'm an ex lawyer. So I count myself in both of those places. And it's fantastic. And that's what you care about, and lawyers and doctors who are doing some really interesting things like working for Human Rights Watch and during biotech innovation, and that's what makes going to college. Great. So I think it's hard for kids to be able to quantify something that's that qualitative, but it really is true that you need to talk it whether it's virtually, or talk personally when you're in the Student Center. And for some students, talking virtually is actually easier than talking. Yes, yes. It depends on on who you are, but you have to talk to the kids on campus and it cannot be be just the kids on the admissions office panels, you've got to really dig. And so if you're on campus, literally going up to a random person in the dining room and making sure you've done that in a variety of different places, you go to the student center, you go to the dining hall, wherever or you find friends of friends and friends of friends. I have through my professional organization have been able to connect current seniors, to admitted students with students who are enrolled in various college and that they're organic and authentic as they're not coming from the admissions office. Exactly. Talk to kids. Make sure that you feel like the kids, you talk to your kids you want to be around, not just for those four years, but beyond that those are people who you like and whose values are are consistent with your values and whose interests are consistent. That doesn't mean 100% of the people on campus because campuses are purposely diverse. And you don't have to be best friends with everybody as that would be Impossible. even in a really, really small school, that's not what you're you're striving for. But enough people that you can forge those personal relationships with and then ultimately they do become professional connections.

M

Moira McCullough 35:11

That's a great story because it's something that I've also experiences as your relationship with your college roommates and friends, is very similar to mine. And as I said to Mark, when he first went off to college, I said, Mark, I have a community of friends that I met at orientation. And it may not happen all the time, as you said, but my floor mates, we have zoom calls now and reconnected and stayed together. We're also different. We're all across the different states. Yet, that connection that we made, and the ability to grow and develop it and maintain it throughout this time, I said is something that you can't ever try to replicate. I mean, it's something that's so important and that made the college experience what it is and what It was for me and what it will be for you. And the second point that you mentioned, we are all about talking to people on campus. I think that's where you get some of the unscripted answers that you need. I always say, yes, it's nice to go to a Broadway play. But sometimes it's good to go to the dress rehearsal to see what it's like behind the scenes and visiting a campus and/or conducting outreach, as you have

said, with students. I know as a junior, a parent of a junior, I said to my son, make that call, it doesn't matter that you don't know them and that you haven't talked to them in three years. But you may glean something from that conversation that will make you think differently about that college good or bad. Any information is important information in this journey, as we say, to the college admissions, so hopefully after our shelter-in-place situation that we've had, I think the one thing I've seen, at least with my kids and I hope it is resonating throughout which I'm sure it is, the desire for face to face communications, which as you said, students are more adept at the technology aspect. But I think everyone is craving for face-to-face.

**K** Kate Sonnenberg 37:12  
Absolutely. Great advice.

**M** Moira McCullough 37:16  
My last question to end this wonderful talk. Do you have a favorite dessert or dessert spot in all the different places that you have visited professionally and also your children's different campuses? Is there any one in particular that you loved, and you would go back to?

**K** Kate Sonnenberg 37:33  
Well, probably from my professional visits, when I was visiting the Claremont Colleges, Pomona, Claremont McKenna, Harvey Mudd scripts. I don't remember I think it may just be called The Bakery. But that is probably the best bakery. In the town, and it's such a good bakery that my son was actually a visiting promoter on a recruiting trip and an official recruiting trip they took them to that bakery.

**M** Moira McCullough 38:06  
The bakery.

**K** Kate Sonnenberg 38:13  
I would say that at Amherst College in the town, there's a fantastic donut shop. And in Middletown, where Wesleyan is I believe it's called Crust. It's a place that has both savory cakes, and also really amazing sweet crepes with Banana Foster. You can get creme brulee, bananas. But I'm supposed to be on a diet, so I'm gonna say no place.

**M** Moira McCullough 38:44

Kate, thank you so much for joining us today. To learn more about everything that Kate's talked about. We'll have everything in our show notes and the links to the different companies that Kate mentioned. And you can find KS College Success on Facebook, Instagram and on their website Ks College Success. Thank you for joining us, Kate.

**K** Kate Sonnenberg 39:07

Thanks for having me.

**M** Moira McCullough 39:10

Many things to Kate for joining me today. I really enjoyed a conversation and all the helpful tips and resources Kate shared with us. I hope your students will be inspired to find a summer job, an interesting online course or a new hobby they can pursue and even have fun with during the coming summer months. You can find all of our show notes and links to the helpful resources mentioned throughout our conversation on our website at college scoops comm slash podcast. You can learn more about Kate on her website at KS College Success.com or on Instagram and Facebook. Please take a couple of minutes to rate review and subscribe to college scoops. Thank you for listening to our College Scoops podcast. Our entire College Scoops team strives to make the college journey a little bit easier, less stressful, fun and tasty by sharing all the inside scoops we have curated along the way. We would love to hear from you about topics to cover and your ideas and everything college related. Reach out to us at CollegeScoops.com or follow us on Instagram, Twitter, and Facebook.